

Course Description

Department: Medical Rehabilitation Sciences

1439-1440 H Academic Year – Semester-II

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Course Description

Course name	PHYSICAL THERAPY IN PSYCHATRIC DISORDERS
Course number	PTH 327
Credit Hours (teaching units)	2 (2+0)
College	College of Applied Medical Sciences
Targeted Students	LEVEL 6
Pre-requisite	NIL
Name of Coordinator	Dr. Irshad Ahmad Abdul Hameed & Dr. Shaimaa A.Hamid

Main Textbook

1. Dunkin, EN (1981): Psychology for physiotherapists. London: British Psychological Society: Macmillan.
2. Hare, Mary (1986): Physiotherapy in psychiatry. London: Heinemann.
3. Feldman. R.H. (1996). Understanding Psychology.

Mark Distribution

Assessment Tasks for Students During the course

#	Assessment task*	Week Due	Proportion of Total Assessment
1	1 st Continuous Assessment	4 th week	20%
2	2 nd Continuous Assessment	8 th week	20%
3	Discussions Assignments	1wk-10wk	10%
4	Final Practical/Written Exam	16 th week	50%
	Total		100

Distribution of Course Lectures and Practical Classes

Topics to be covered

List of Topics	Contact Hours
<ul style="list-style-type: none">• Role of Physical Therapy in Psychiatry	2
<ul style="list-style-type: none">• Common Terms used in Psychiatry & Psychology	2
<ul style="list-style-type: none">• Physical Therapy in Mental Health.	2
<ul style="list-style-type: none">• Role of Physical Therapy in Aging	2
<ul style="list-style-type: none">• Physical Therapy in Eating disorders	2
<ul style="list-style-type: none">• Physical Therapy in Stress	2
<ul style="list-style-type: none">• Traumatic brain injuries and role of Physical Therapy.	2
<ul style="list-style-type: none">• Post-Traumatic Stress Disorders (PTSD)	2
<ul style="list-style-type: none">• Role of Relaxation on Anxiety• Physical Therapy and Depression	2
<ul style="list-style-type: none">• Mental Retardation• Cerebral Palsy• Motor skill Disorders	2
<ul style="list-style-type: none">• Psycho-social Rehabilitation & Management of Disability	2
<ul style="list-style-type: none">• Substance abuse disorders• Physical Therapy in Pervasive developmental disorder• Infantile autism	
<ul style="list-style-type: none">• Disability and Psychological Management	2
<ul style="list-style-type: none">• Spinal Cord Injury & Psychosocial Issues	2